13 September 2013 - Met Office forecasters are predicting the first storm of the autumn will affect the UK on Sunday as a deep Atlantic low pressure system passes to the north of Scotland.

Before the wind and rain arrive, however, most of us will enjoy a fine day on Saturday once cloud and rain have cleared away from southeastern parts of England. We'll have sunny spells, with a few showers in western and northern areas.

A deep area of low pressure is expected to develop in the Atlantic on Sunday, tracking eastwards to be centred to the north of Scotland on Monday. This will bring a band of rain, some heavy, to all parts for a time on Sunday followed by squally showers on Monday.

Met Office Severe Weather Warnings have been issued for gales across Scotland and Northern Ireland and the public should be aware of the potential for some minor disruption to travel.

Paul Gundersen, Chief Forecaster at the Met Office, said: "A spell of gale force westerly winds is expected later Sunday, peaking on Monday across much of Scotland, the north of Northern Ireland and coasts of northwest England and north Wales. Gusts of 50 - 60 mph are likely, with the potential for 70 mph across exposed coasts and hills of Scotland.

"The public should be aware of the potential for some minor disruption to travel and keep up to date with the latest weather forecast information."

Looking ahead into next week, the changeable and cool weather looks set to continue with further rain or showers together with some sunny spells.

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